

Weekly Menu

WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Golden Shortcrust Pastry Topped Meat and Potato Pie	Mildly Spiced Chicken Tikka Masala and Mixed Rice	Traditional Roast Turkey with Sage and Onion Stuffing	Savoury Salmon and Tuna Fusilli Pasta Bake	Deep Fried Fish Served with Tartare Sauce
MAIN MEAL CHOICE	Spicy Vegetable and Lentil Curry served with Rice Filled Jacket Potatoes	Braised Quorn Sausage and Onion Rich Gravy Filled Jacket Potatoes	Tagliatelle with Cauliflower and Broccoli Filled Jacket Potatoes	Oven Baked Cheese and Red Onion Quiche Filled Jacket Potatoes	Freshly Made Italian Style Assorted Pizza Slices Filled Jacket Potatoes
VEGETABLES AND POTATOES	Diced Herbed Potato Sliced Carrots Garden Peas Mixed Garden Salad	Creamed Potatoes Sweetcorn Broccoli Spears Mixed Garden Salad	Roast Potatoes Fresh Green Cabbage Diced Carrots Mixed Garden Salad	New Potatoes Garden Peas Baked Beans Mixed Garden Salad	Chipped Potatoes Baked Bean Mushy Peas Mixed Garden Salad
AVAILABLE DAILY	Daily Snack Choice Sandwiches, Rolls Wraps Fresh Salads Hot and Cold Drinks Hot Sweet of the Day Fresh Fruit Salad	Daily Snack Choice Sandwiches, Rolls Wraps Fresh Salads Hot and Cold Drinks Hot Sweet of the Day Fresh Fruit Salad	Daily Snack Choice Sandwiches, Rolls Wraps Fresh Salads Hot and Cold Drinks Hot Sweet of the Day Fresh Fruit Salad	Daily Snack Choice Sandwiches, Rolls Wraps Fresh Salads Hot and Cold Drinks Hot Sweet of the Day Fresh Fruit Salad	Daily Snack Choice Sandwiches, Rolls Wraps Fresh Salads Hot and Cold Drinks Hot Sweet of the Day Fresh Fruit Salad

Available Daily: Assorted Filled Jackets, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Snack choice, Cold Desserts and Tray Bakes

