

Weekly Menu

WEEK ONE WINTER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Sweet and Sour Chicken Served with Boiled Rice	Lamb Madras Curry Served with Saffron Rice	Mexican Style Chicken Burritos	Creamy Chicken and Vegetable Pasta bake	Deep Fried Fish Served with Lemon and Tartar Sauce
MAIN MEAL CHOICE	Fresh Grilled Beef Burger served on a bap with Relish	Fresh oven baked Pasta Carbonara	Traditional Homemade Mince Meat and Onion Pie	Oven Roasted Pork Served With Apple Sauce	Assorted Italian Pizza Slices
VEGETARIAN CHOICE	Spicy Five Bean Vegetable Chilli with Boiled Rice	Oven Baked Cheddar Cheese and Red Onion Quiche	Oven Baked Italian Style Roasted Vegetable Lasagne	Authentic Chinese Vegetable and Quorn Stir Fry	
VEGETABLES AND POTATOES	Jacket Wedges Sweet Corn Garden Peas Mixed Garden Salad	Boiled Potatoes Baked Beans Mixed Veg Mixed Garden Salad	Spicy Diced potatoes Sliced Carrots Green Beans Mixed Garden Salad	Roast Potatoes Cauliflower Florets Curly Kale Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
	Apple Crumble and Custard	Banana & Toffee Sponge and Custard	Apple Upside down Pudding and Custard	Ginger Pear Pudding and Custard	Chocolate Treacle Sponge and Custard

Available Daily: Assorted Filled Jackets, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Snack choice, Cold Desserts and Tray Bakes



Weekly Menu

WEEK TWO WINTER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Minced Lamb and Seasonal Vegetable Stew	Fresh and Creamy Salmon and Tuna Pasta Bake	Freshly Made Chicken and Mushroom Pie	Freshly Made Italian style Lamb Lasagne	Deep Fried Fish Served with Lemon and Tartar Sauce
MAIN MEAL CHOICE	Grilled Gammon Topped With Fresh Pineapple	Oven Braised Sausage in A Rich Onion Gravy	Authentic Thai Style Pork and Noodle Stir Fry	Traditional Roast Beef and Yorkshire pudding	Authentic Style Spicy Mexican Veggie Wraps
VEGETARIAN CHOICE	Creamy Oven Baked Cauliflower and Broccoli Cheese	Authentic Chickpea and Lentil Tikka with Saffron Rice	Spicy Vegetable and Bean Burgers Served in a Bun	Oven Baked Cheese and Spring Onion Quiche	
VEGETABLES AND POTATOES	Boiled Potatoes Diced Swede Garden Peas Mixed Garden Salad	Creamed Potatoes Baked Beans Garden Peas Mixed Garden Salad	Jacket Wedges Roasted Vegetables Cauliflower Florets Mixed Garden Salad	Roast Potatoes Spring Greens Sliced Carrots Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
	Cherry Crumble and Custard	Apple pie and Custard	Pineapple Crunch and Custard	Chocolate Sponge and Custard	Lemon citrus sponge and custard

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Weekly Menu

WEEK THREE WINTER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Fresh Chicken Tikka Massala Served with Saffron Rice	Italian Style Mince Lamb Bolognaise Pasta Bake	Spicy Chicken Breast Served On a Fresh Roll	Golden Topped Mince Lamb and Vegetable Hot Pot	Deep Fried Fish Served with Lemon and Tartar Sauce
MAIN MEAL CHOICE	Hot Filled Beef Baguette served with Sauté Onions	Freshly Made Oven Baked Quiche Lorraine	Mexican Style Chilli Con Carne Served With Boiled Rice	Roast Turkey Breast Served With Sage and Onion	Fresh and Tasty Assortment of Quiche Slices
VEGETARIAN CHOICE	Oven Baked Fresh and Creamy Macaroni Cheese	Slowly Braised Quorn Sausage in Onion Gravy	Potato Lentil and Courgette Balti Served with Boiled Rice	Spicy Red Lentil and Vegetable Dhansak	
VEGETABLES AND POTATOES	Jacket Wedges Sweet Corn Roasted Vegetable Mixed Garden Salad	Creamed Potatoes Baked Beans Minted Garden Peas Mixed Garden Salad	Baby Potatoes Sweet Corn Mixed Vegetables Mixed Garden Salad	Roast Potatoes Spring Cabbage Diced Swede Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
	Marble cake and custard	Windsor Pudding and Custard	Apple Crumble and Custard	Rice Pudding with Sultanas	Hawaiian Crumble and Custard

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