

KS3 Physical Education Curriculum Plan 2014-15

Students will follow the following, developing their skills, knowledge of places and understanding of the world. All groups have 3 lessons a fortnight.

Year 7	Content summary
Swimming	Students will develop and refine their strokes and in addition understand key water safety principles and improve fitness levels.
Outdoor and Adventurous Activities	Students will be given a range of opportunities to develop their PLTS through team building activities and orienteering.
Badminton	Students will learn the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Cricket	Students will be given the opportunity to develop their striking and fielding skills within this module.
Rounders	Students will develop their striking and fielding skills within this module.
Athletics	Students will focus on a range of athletic events from throwing, jumping and running
Tennis	Students will be able to improve their hand eye co-ordination in this net/wall game. Students will learning the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Football	Students will be able to develop their personal levels of fitness through football. Students will learn the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Netball	Students will be able to develop their personal levels of fitness through netball. Students will learning the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Rugby	Students will be able to develop their personal levels of fitness through rugby. Students will learn the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Year 8	
Swimming	Students will develop and refine their strokes and in addition understand key water safety principles and improving fitness levels.
Outdoor and Adventurous Activities	Students will be given a range of opportunities to develop their PLTS through team building activities and orienteering. Focusing on improving forms of communication.
Badminton	Students will learn the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Cricket	Students will be given the opportunity to develop their striking and fielding skills within this module.
Rounders	Students will be given the opportunity to develop their striking and fielding skills within this module.
Athletics	Students will focus on a range of athletic events from throwing, jumping and running
Tennis	Students will be able to improve their hand eye co-ordination in this net/wall game. Students will learn the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Football	Students will be able to develop their personal levels of fitness through football. Students will learn the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Netball	Students will be able to develop their personal levels of fitness through netball. Students will learning the basic shots, tactics and rules and attempt to apply them consistently to a game scenario.
Rugby	Students will be able to develop their personal levels of fitness through

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