

KS4 Health Curriculum Plan 2014-15

OCR (single award) GCSE Specification – 5 lessons a week over one year

Full details of the units:

<http://www.ocr.org.uk/qualifications/gcse-health-and-social-care-single-double-award-j406-j412-from-2012/>

Year 10/11	EXAM Contents summary
<p>The stages and pattern of human growth and development</p>	<p>Key issue: <i>how do individuals grow and develop during each life stage?</i></p> <p>What is growth and development? Do you understand that growth refers to an increase in physical size (mass and height) and that development is concerned with the emergence and increase in sophistication of skills, abilities and emotions?</p> <p>What are the expected patterns of physical growth and change and the physical, social, intellectual and emotional developments that typically take place during each of the five main life stages</p>
<p>The different factors that can affect human growth and development</p>	<p>Key issue: <i>what factors affect human growth and development and how can they influence an individual's health, wellbeing and life opportunities?</i></p> <p>What are the factors that cause individual differences in patterns of growth and development?</p> <p>What do you understand about physical factors including genetic inheritance, diet, amount and type of physical activity, sexual health, experience of illness or disease?</p> <p>What do you understand about social and emotional factors including gender, family relationships, friendships, educational, experiences, employment/unemployment, ethnicity and religion, life experiences such as birth, marriage, death and divorce?</p> <p>What do you understand about economic factors including income and material possessions?</p> <p>What do you understand about environmental factors including housing conditions, pollution, access to health and welfare services?</p> <p>What factors interrelate and how they can affect a person's: self-esteem, physical and mental health, employment prospects, level of education. What effect does abuse and neglect can have on personal development?</p>
<p>The development of self-concept and different types of relationships</p>	<p>Key issue: <i>what factors influence the development of a person's self-concept and what effect do relationships have on an individual's personal development?</i></p> <p>How is a person's self-concept affected by factors such as their: Age, appearance, gender, culture, emotional development, education, relationships with others, sexual orientation.</p> <p>How does self-concept impact on development?</p> <p>How do relationships play a key part in an individual's intellectual, emotional and social development during each life stage? What are these relationships?</p> <p>How can these have a positive or negative effect on personal development?</p>
<p>Major life changes and sources of support</p>	<p>Key issue: <i>how can life events affect an individual's personal development and what support is available to them during these times?</i></p> <p>What life events can have a major impact on an individual's personal development?</p> <p>What sources of support and help are available to individuals to help them adapt and cope with the effects of life events?</p>

Year 10/11	Course Work Contents summary
<p>The range of care needs of major client groups</p>	<p>Key issue: <i>Key issue: who needs to use care services and why?</i></p> <p>Do you understand how care services are designed to meet the health, developmental and social care needs of major client groups? (for example older people)</p> <p>Do you need to understand how services are shaped to meet the needs of people who use them?</p> <p>Why may individuals require and seek to use health, social care and early years services?</p> <p>Do you understand how services provide equality and meet the needs of a diverse cultural population?</p>
<p>The ways people can obtain services and the possible barriers that could prevent people from gaining access to services</p>	<p>Key issue: <i>how can people gain access to care services and what can prevent people from being able to use services they need?</i></p> <p>Do you know how people gain access to care services, do you know the methods of referral?</p> <p>Do you understand self-referral, professional referral, third-party referral?</p> <p>What barriers could prevent people from making use of the services that they need? (physical barriers, psychological barriers, financial barriers, geographical barriers, cultural and resources)</p> <p>How do you empower an individual to take control of his or her life by removing the barriers, rather than relying on other people?</p>
<p>The types of services that exist to meet client group needs and how they are developed and organised</p>	<p>Key issue: <i>what types of care services are provided to meet client group needs?</i></p> <p>Do you know about local and national examples of service providers who operate in the:</p> <ul style="list-style-type: none"> • statutory care sector, e.g. NHS Trusts and local authority services • private care sector, e.g. private companies and self-employed practitioners • third sector, e.g. charities and local support groups using volunteers and not-for-profit organisations with paid employees <p>What is the role of the informal carer?</p>
<p>The principles of care that underpin all care work</p>	<p>Key issue: <i>what values do care workers promote through their work?</i></p> <p>Do you understand that care practitioners use guidelines and codes of practice to empower clients by:</p> <ul style="list-style-type: none"> • promoting equality and diversity of people who use services • promoting individual rights and beliefs • maintaining confidentiality?
<p>The main work roles and skills of people who provide health, social care and early years services</p>	<p>Key issue: <i>what does care work involve and what skills and qualities do care practitioners need to perform their work roles?</i></p> <p>Do you understand the qualities, qualifications and skills needed for main work roles of care workers and how these may be achieved academically and vocationally?</p> <p>Do you how know how care workers use communication skills to develop care relationships?</p>